



TROCAIRE / TODAY FM 24 HOUR FAST

Following the magnificent response from students and staff for the Haiti Disaster Relief Fund which raised €4050.00 and administered through UNICEF, we are now preparing for the **Trocaire/Today FM 24 hr Fast** which takes place on **4th / 5th March**.



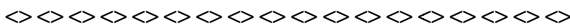
The focus this year is on hunger and poverty in Bolivia. The money raised will provide families with the means to grow food, to earn an income and to look forward to a brighter future. Sponsorship Cards will be available after mid-term break.

ASH WEDNESDAY

Lent begins this year on February 17th. As Ash Wednesday occurs during our mid-term break, the celebration and distribution of ashes will take place in your local parish church rather than school. During Lent (after mid-term break) there will be Mass every Thursday and Friday morning in Suaimhneas at 9 am. All are welcome.



Fr. Abe.



ATHLETICS

The Connaught Cross Country Finals were held on a very frosty Thursday morning in St. Mary's Secondary School in Galway city. Portumna C.S. had two teams that had qualified – the Minor Girls and the Minor Boys.

The girls were first to race in a very competitive field. Aoife McDonagh (1st year) had a superb race and finished in 16th place. Her team mates, 1st years, Tara Harte, Maria Kelly, Annie Larkin, Rachel White and Ciara Walsh all finished well.

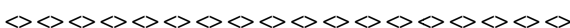


The Minor Boys race was next and the pace was extremely fast from the offset. Niall McIntyre (1st year) ran an excellent race and took a Silver medal which is a wonderful achievement at Minor level. His team mates, Dale Flanagan (1st yr.), Ross O'Meara (1st yr.), Pdraig Corcoran (2nd yr.) and Dean Madden (1st yr.) also ran well.

The Cross Country season is now finished for the year and preparations will begin for the Track & Field season.

After the mid-term break Ms. O'Sullivan, Mr. Coughlan and Ms. O'Meara will start training for students who would like to learn any of the following: Long Jump, High Jump, Hurdles, Shot Putt, Javelin, Discus and the Triple Jump. So students come along on Wednesday, 27th February, from 4 to 5 pm and take up a new and exciting challenge!

L. O'Sullivan.



SENIOR CAMOGIE

Portumna C.S. 0-2 Blackwater C.S. 3-5.

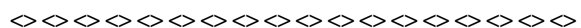
The All-Ireland Camogie Semi-Final, played in Tynagh on Saturday, went the way of a very strong Waterford side. The Portumna backline and midfield were under severe pressure from start to finish and it is to their credit that only eight scores were conceded.

Lismore led by 1-4 to 1 point at halftime, Portumna having spurned several good scoring chances.

Maria Brehony, a threat throughout, laid on a goal chance early in the second half but the opportunity was missed. Helen Campbell, Karen Brien and Nicola Muldoon continued to lead the resistance as Lismore piled on the pressure, and only three further scores were conceded, but the forwards could only register another Anna Maria Lagana pointed free in the whole second half. The girls were disappointed but they can console themselves with the fact that winning the Connacht title this year was a major achievement.

P. Kelly.

Team: H. Campbell (Capt.), R. Kilkenny, M. Duane, L. Shiel, N. Briscoe, K. Brien, A. Dervan, N. Muldoon, C. O'Meara, K. O'Brien, N. McClearn, A.M. Lagana (0-2), H. Quinn, Louise Loughnane, M. Brehony. **Subs:** Laura Loughnane, E. Cunningham, L. Donnellan, N. Molloy, N. Bergin, A. Burke, K. Mannion, S. O'Hara, M. O'Meara.



6TH YR. L.C.V.P.

Reminder : The date is fast approaching for **completed LCVP Portfolios**. They **must** be handed into your teachers by **Friday, 5th March**.

GOOD LUCK

Good Luck to the Portumna Senior Hurling team who are playing in the All-Ireland Club Semi-Final on Sunday in Parnell Park – Vs Dunloy.



